

**CONCORD PUBLIC SCHOOLS
CONCORD-CARLISLE REGIONAL SCHOOLS**

THE 2010 YOUTH RISK BEHAVIOR SURVEY

FOR STUDENTS IN GRADES 6, 8, 9, 10, 11, 12

SELECTED COMPARISONS WITH RESULTS FROM

- **THE 2010 SEVEN DISTRICT AGGREGATE**
- **THE 2007 MASSACHUSETTS YRBS (HIGH SCHOOL ONLY)**
- **COMPARISONS OVER TIME**

Participating School Districts

- Acton and Acton-Boxborough Regional
- Boxborough Public Schools (grade 6 only)
- Concord and Concord-Carlisle Regional
- Groton-Dunstable Regional Schools
- Littleton Public Schools
- Maynard Public Schools
- Westford Public Schools

CPS/CCRSD Participation

- Grade 6 - 92%
- Grade 8 - 95%
- Grades 9 through 12 - 91%

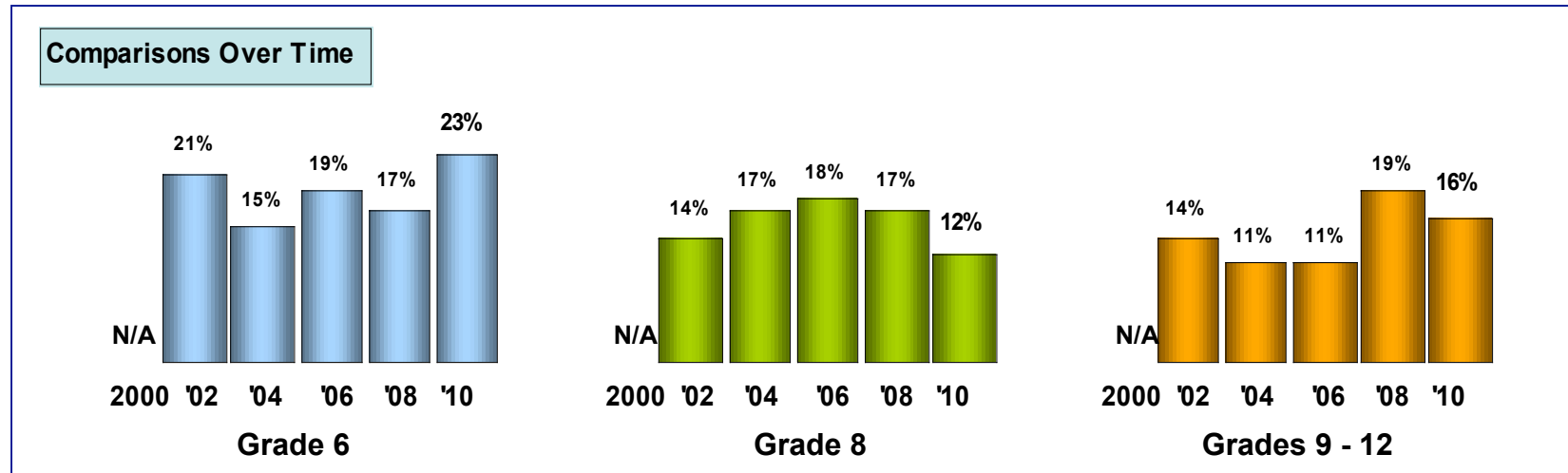
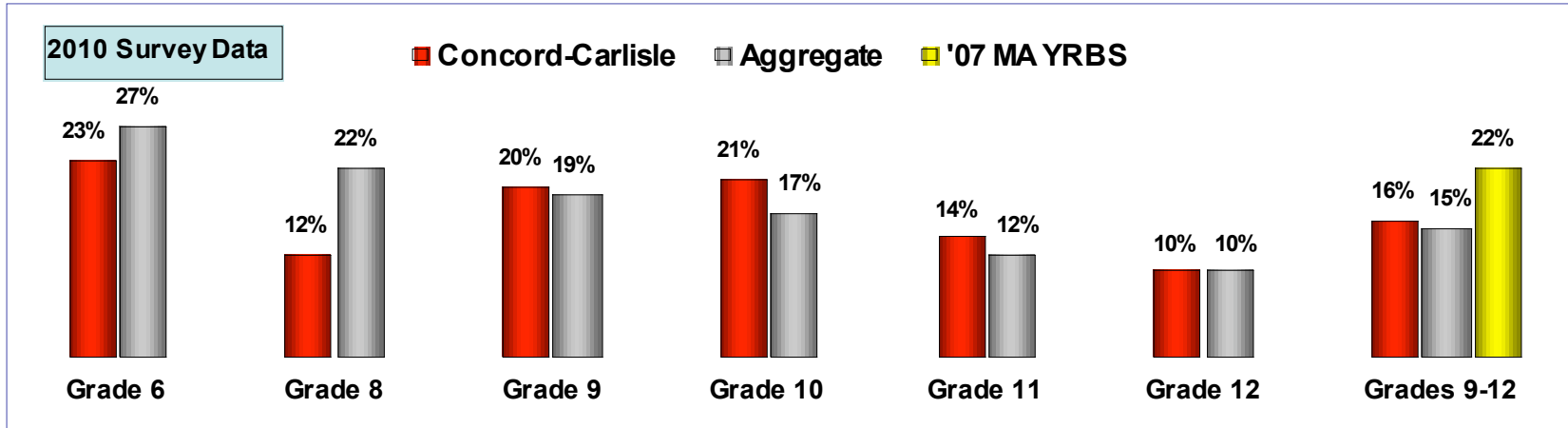
Grade	Total	Male	Female
6	192	79	111
8	193	81	112
	385	160	223
9	292	143	149
10	277	131	149
11	260	119	139
12	249	119	130
	1080	512	564

Overview of Major Topics

- Safety
 - Bullying
 - Cyber-bullying
 - Unsafe Behavior
- Self-Injurious Behavior
- Tobacco Use
- Alcohol Use
- Drug Use
- Physical Activity
- Stress

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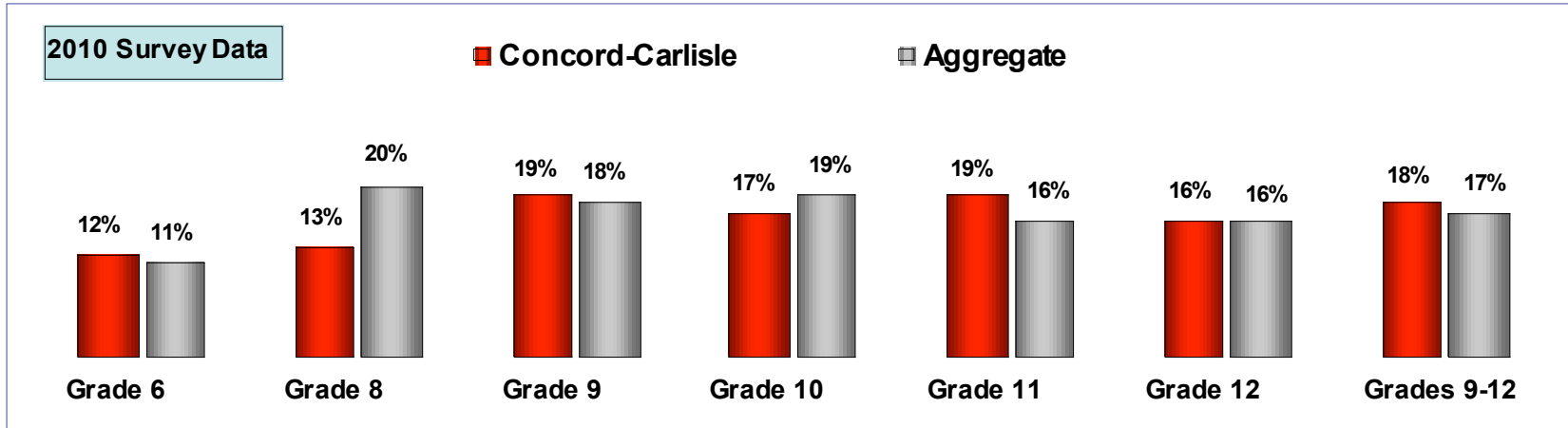
Been bullied in school (past 12 months)



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Safety

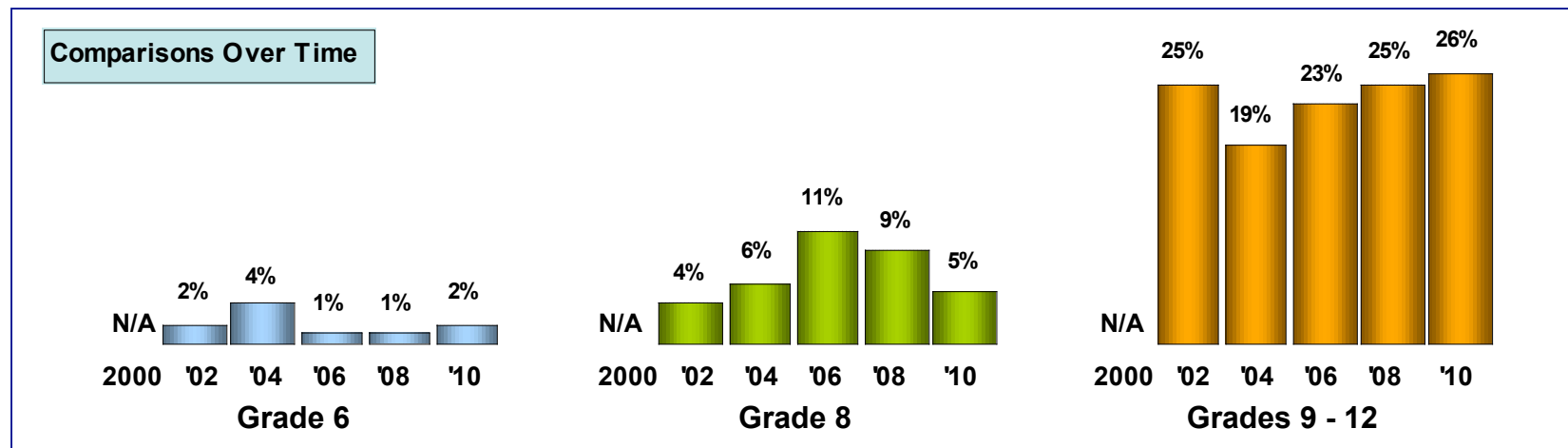
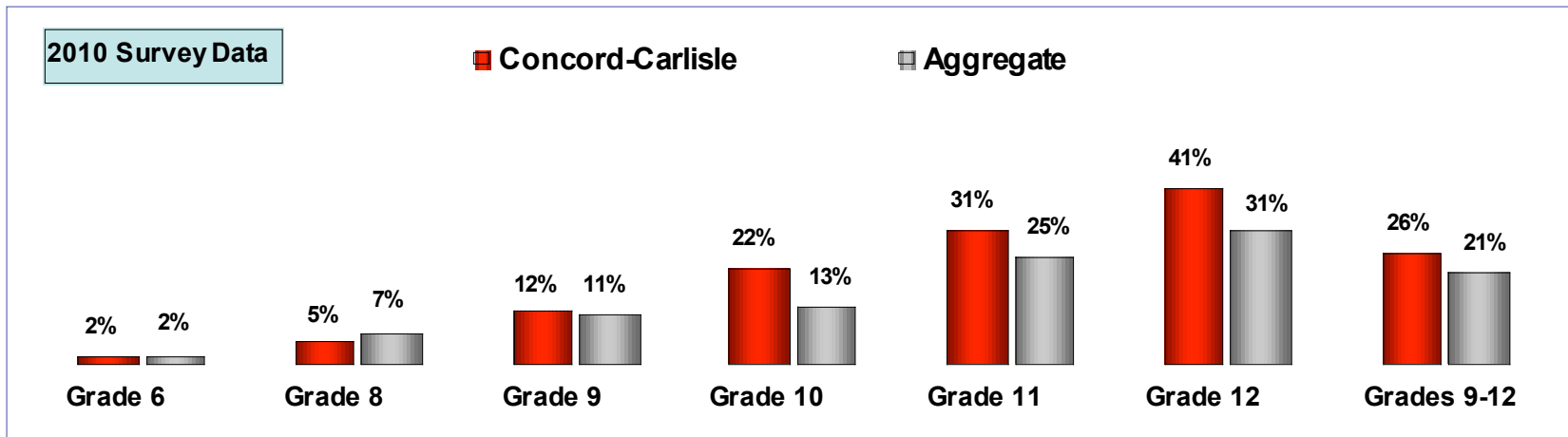
Experienced cyber-bullying (past 12 months)



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Safety

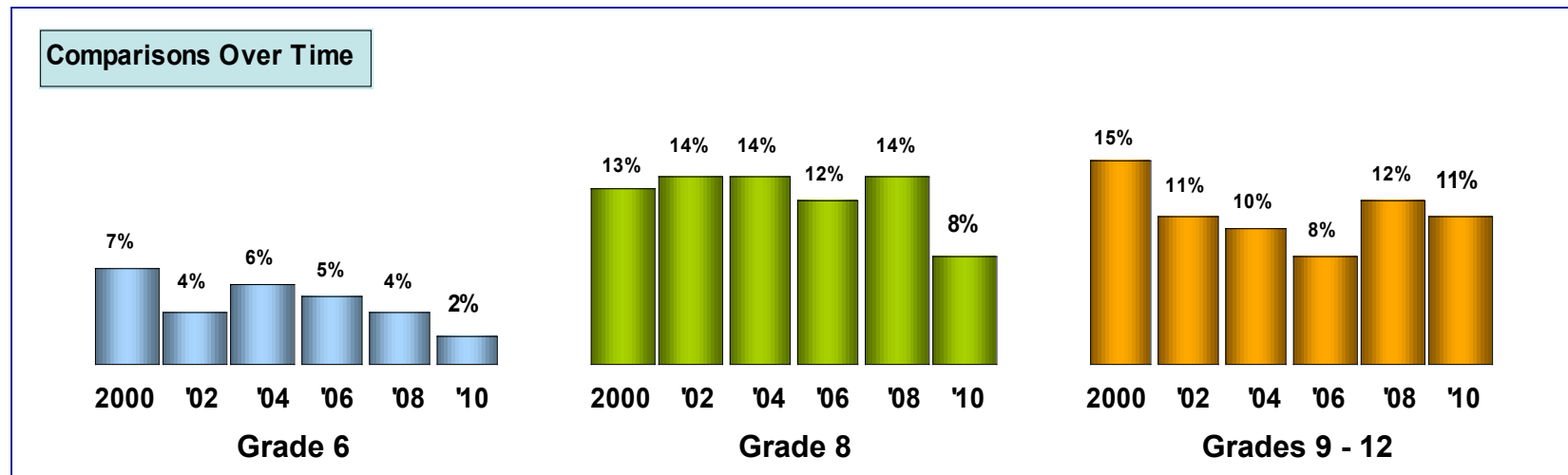
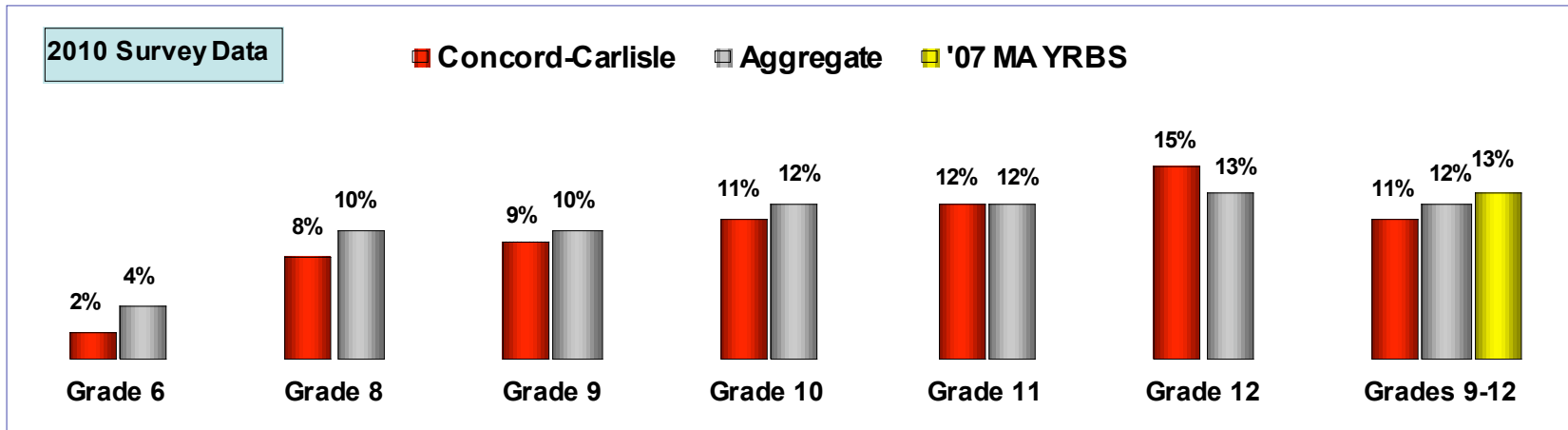
Rode with impaired driver



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Suicide

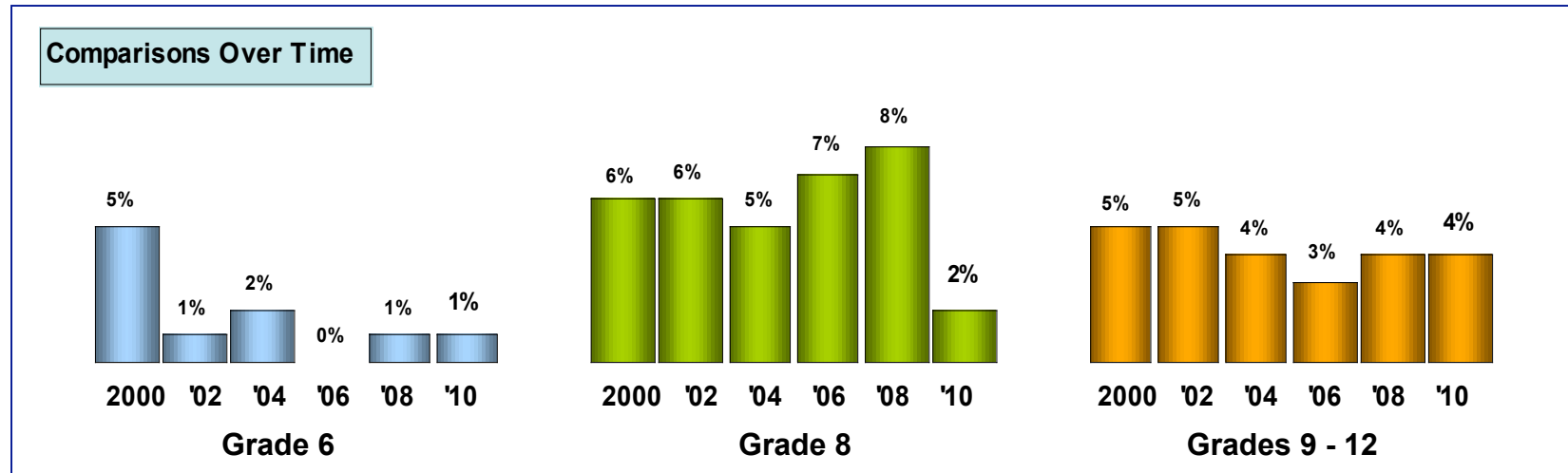
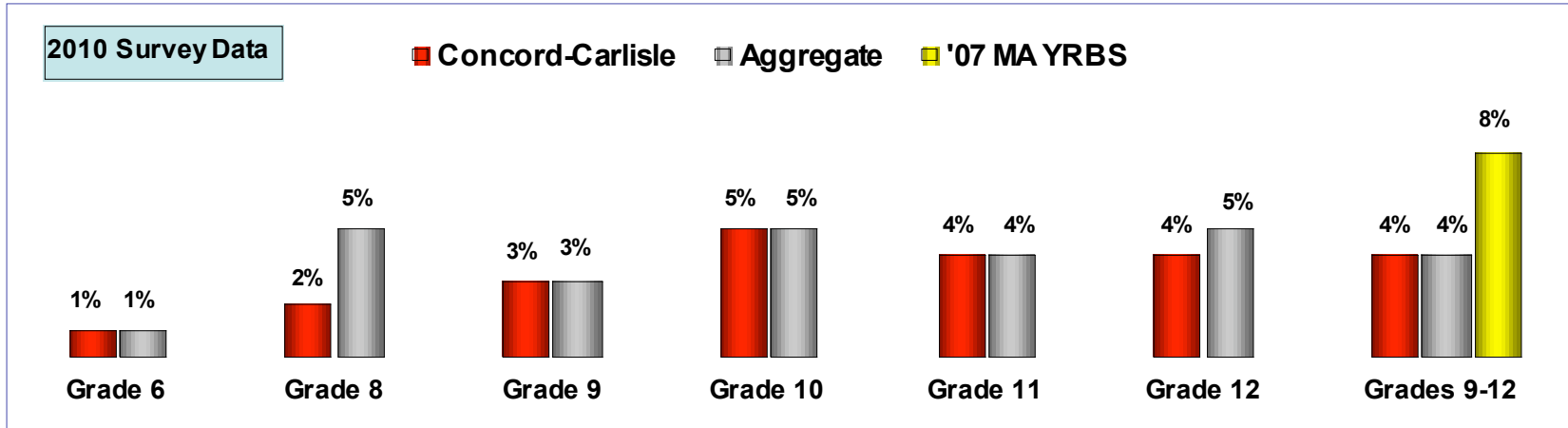
Seriously considered suicide (past 12 months)



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Suicide

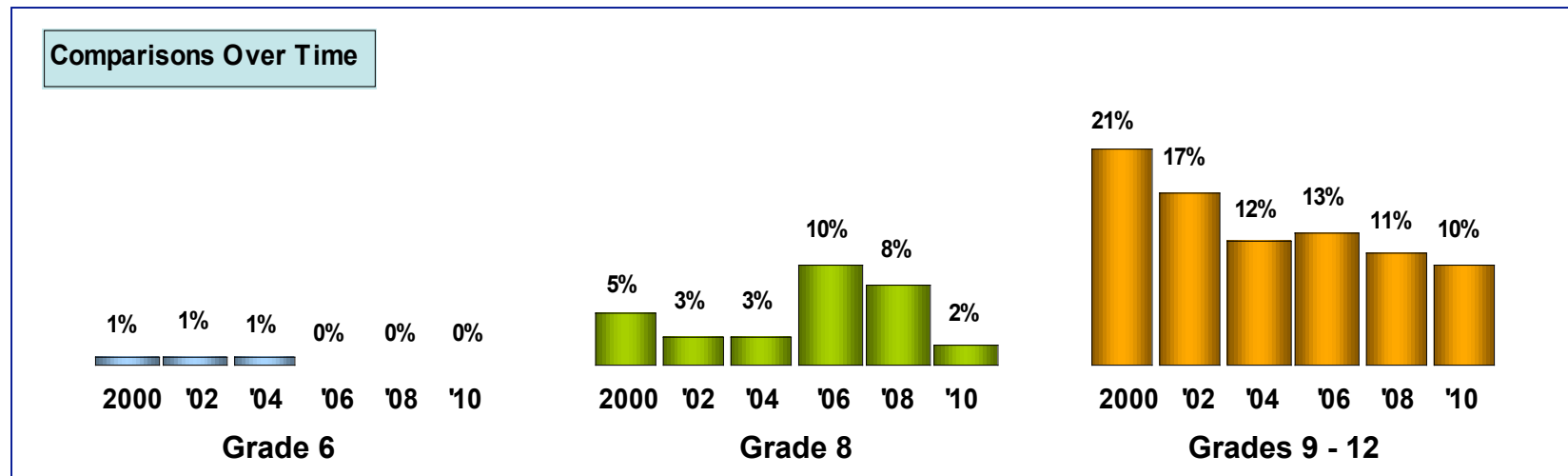
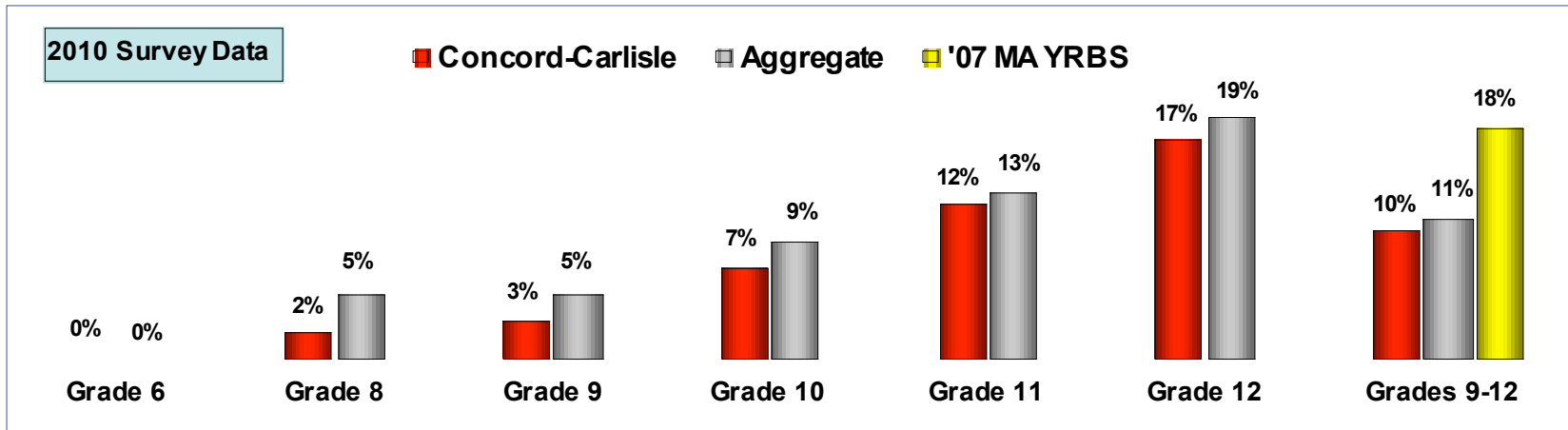
Attempted suicide (past 12 months)



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Tobacco Use

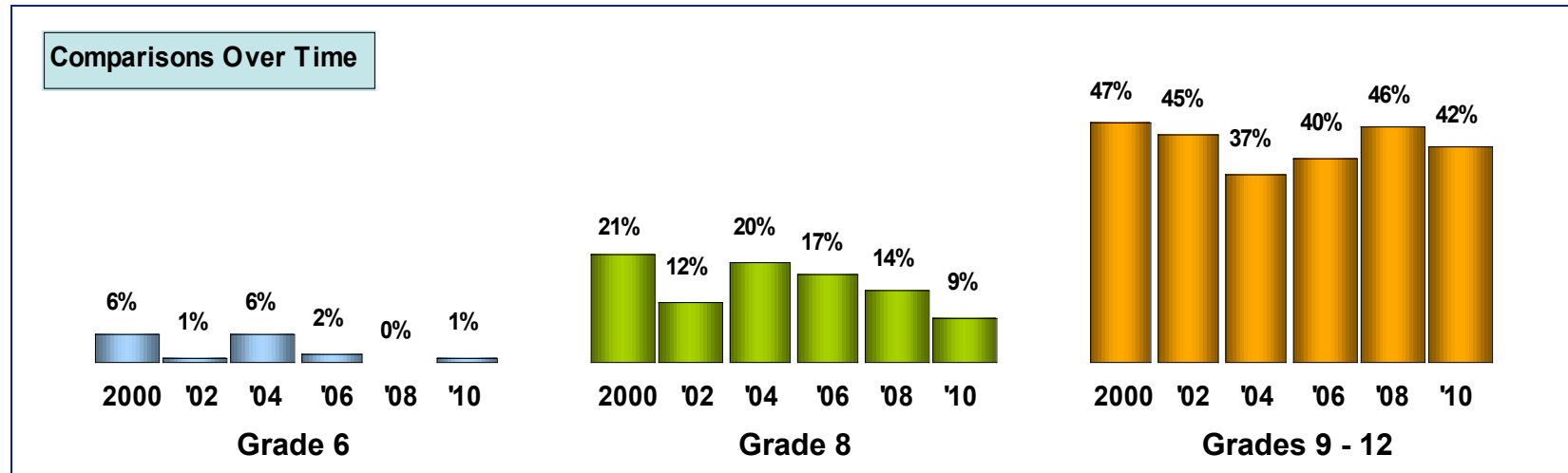
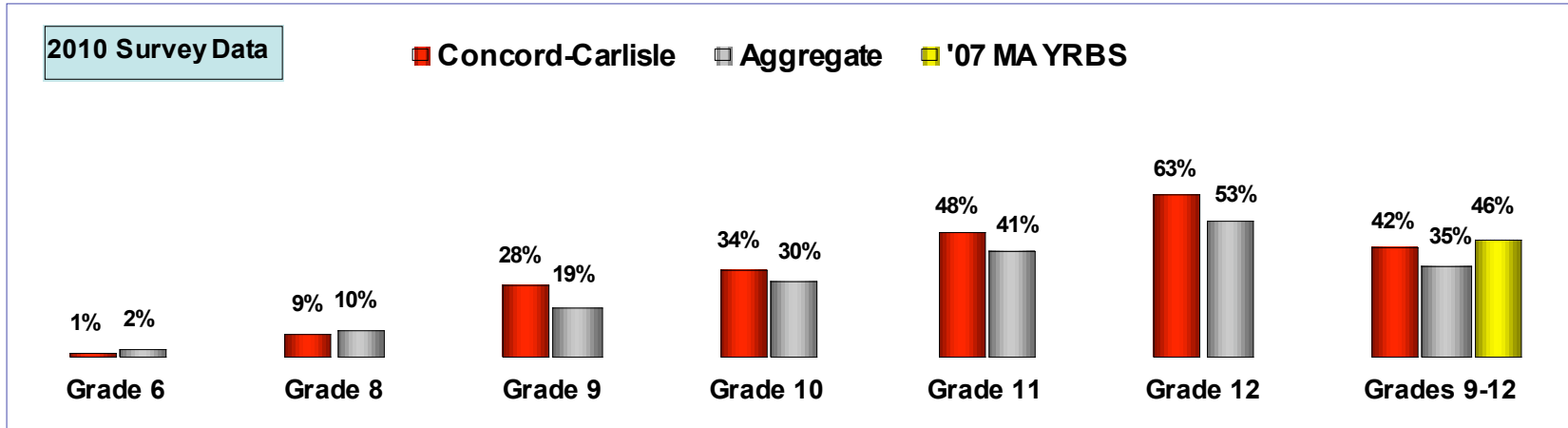
Recent cigarette use (past month)



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Alcohol Use

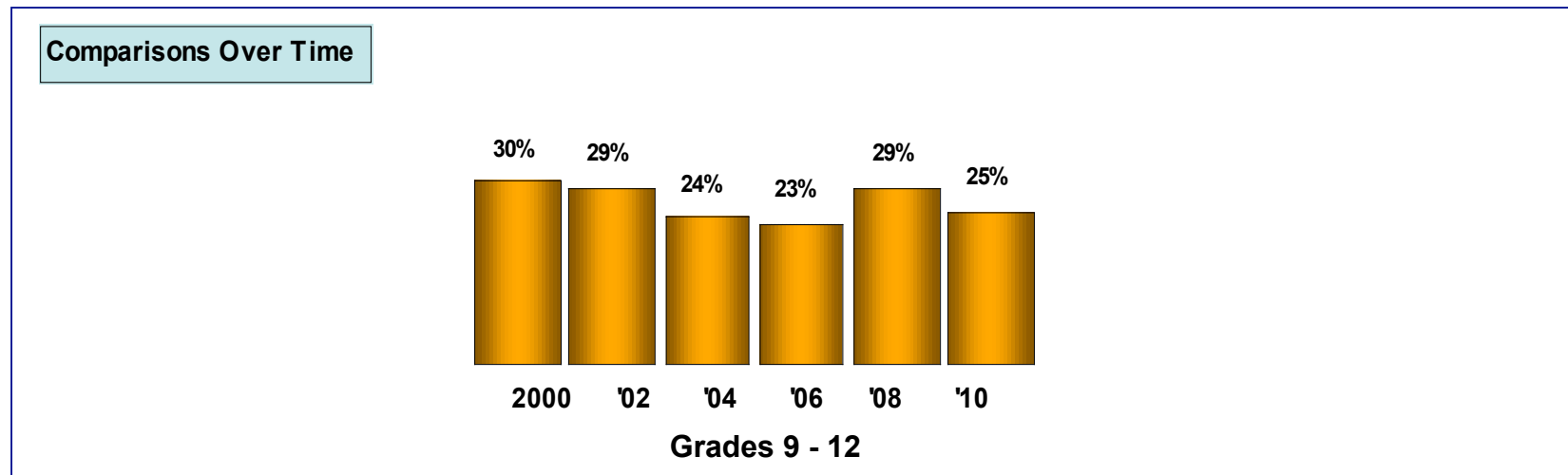
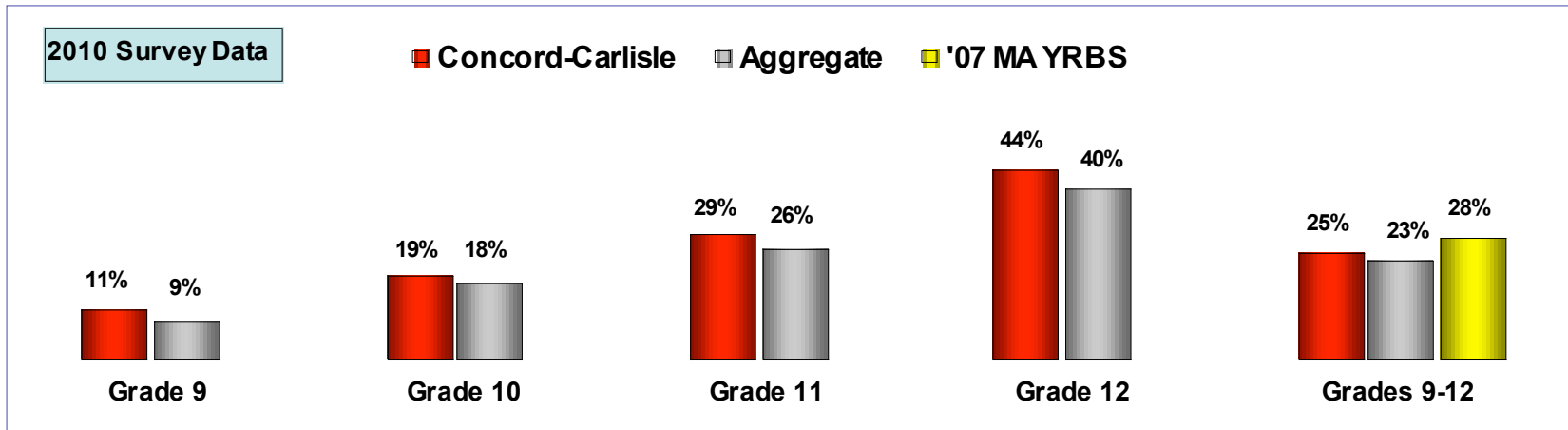
Recent alcohol use (past month)



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Alcohol Use

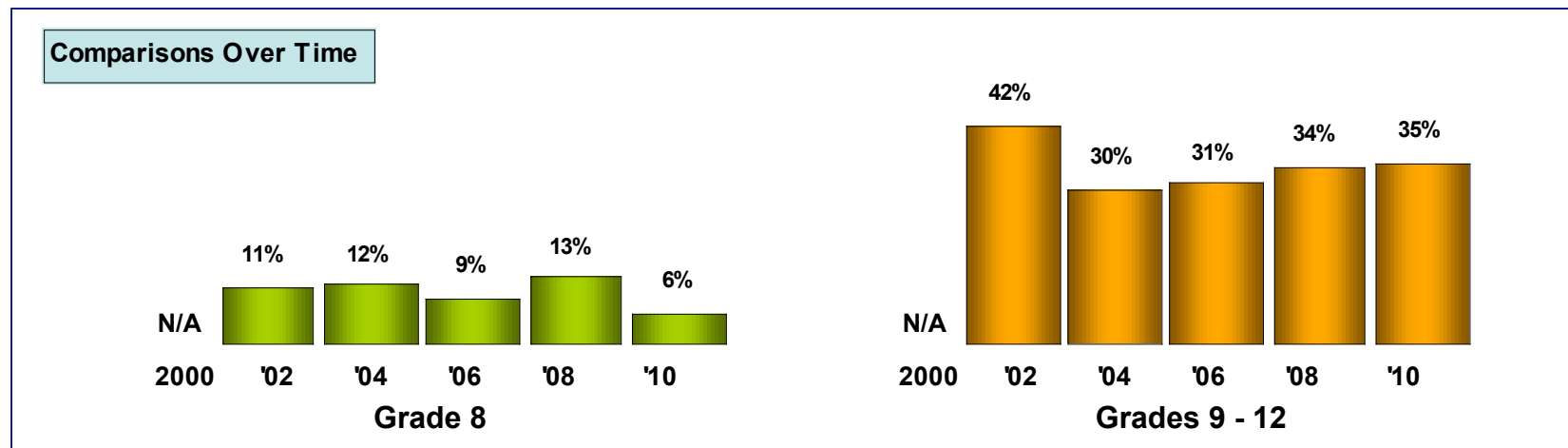
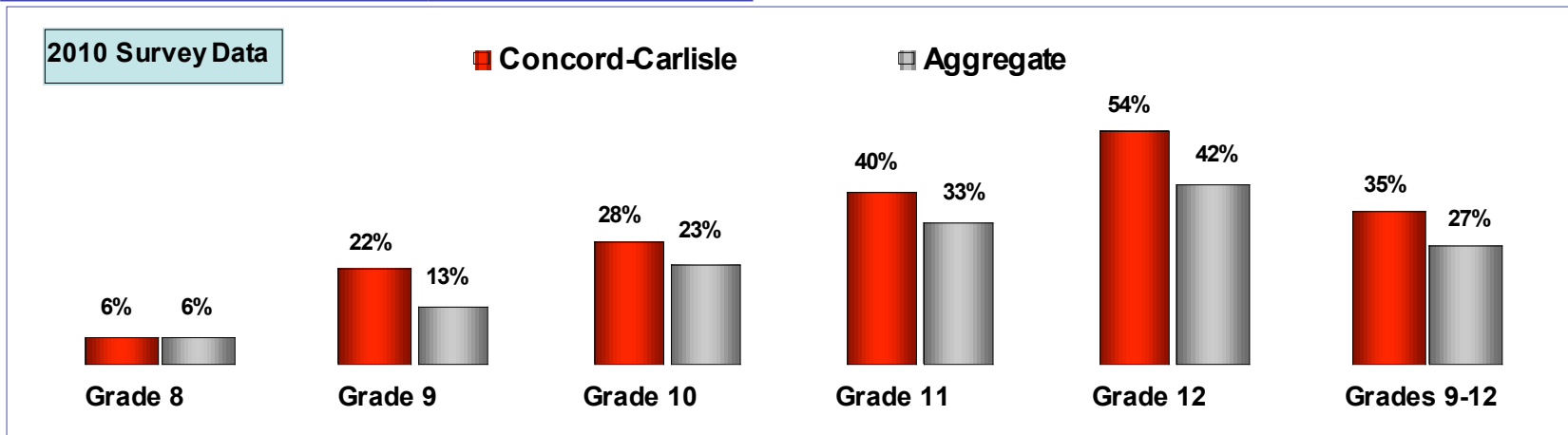
Binge drinking (past month)



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Alcohol Use

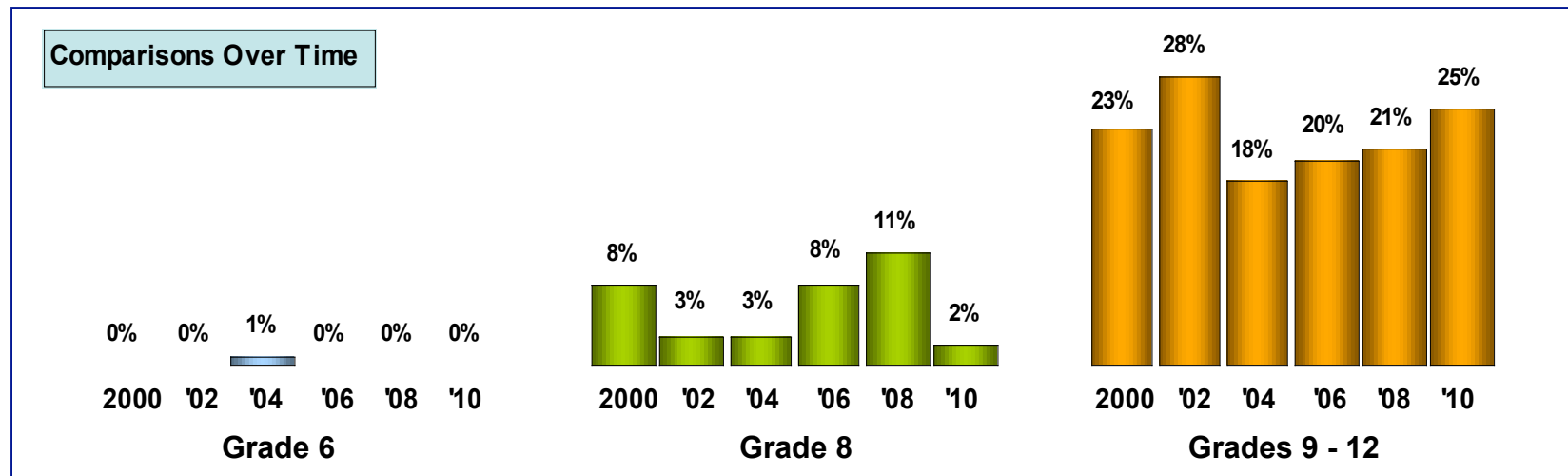
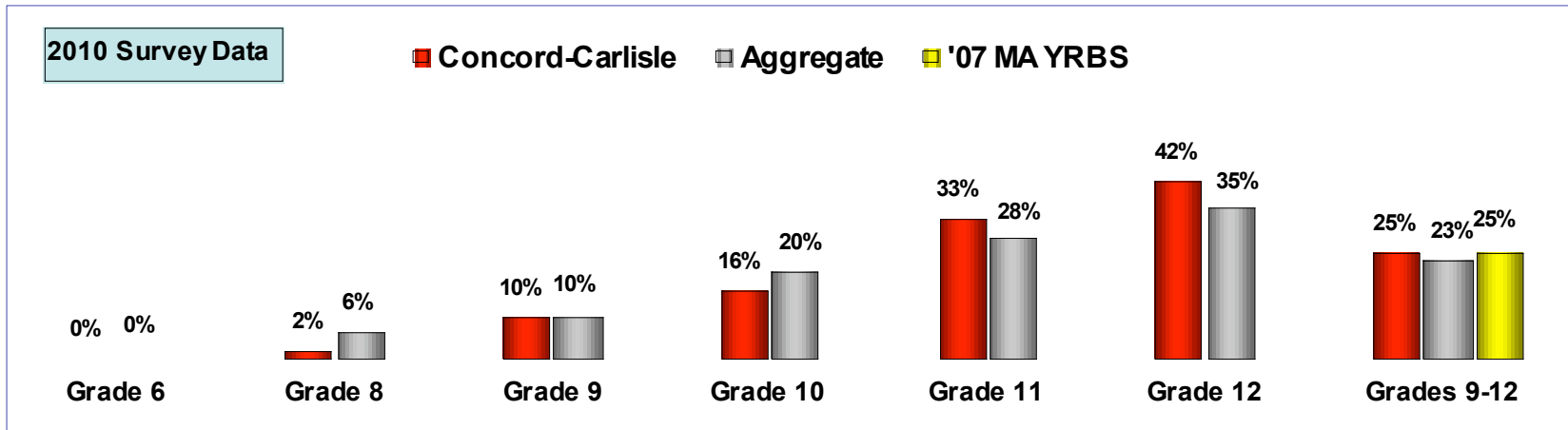
Attended parties in homes where alcohol use by teens is allowed (past 12 months)



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Illegal Drug Use

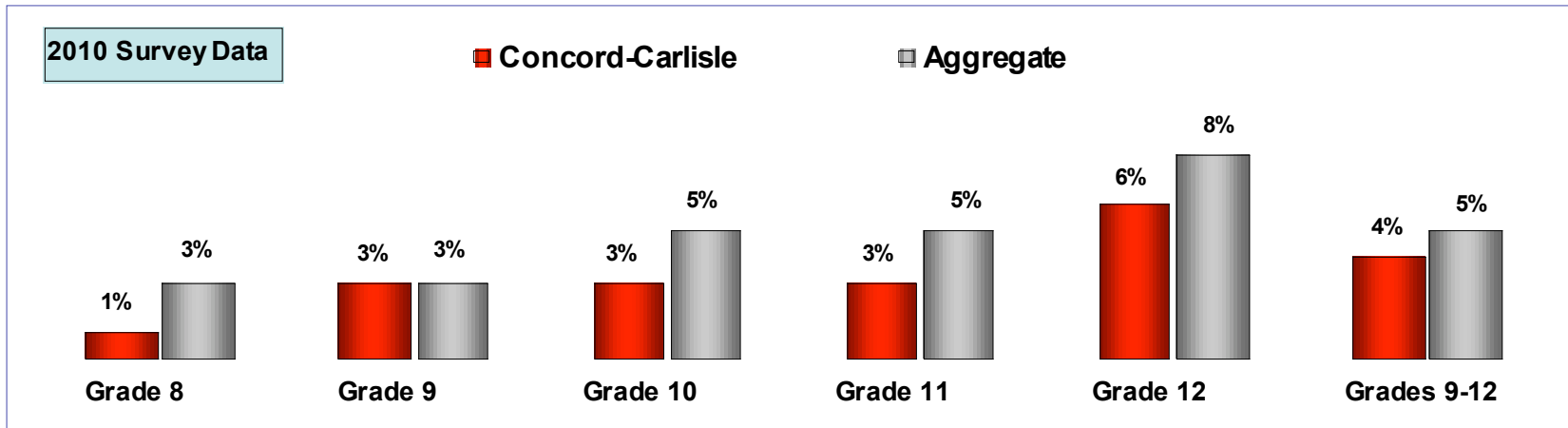
Recent marijuana use (past month)



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Illegal Drug Use

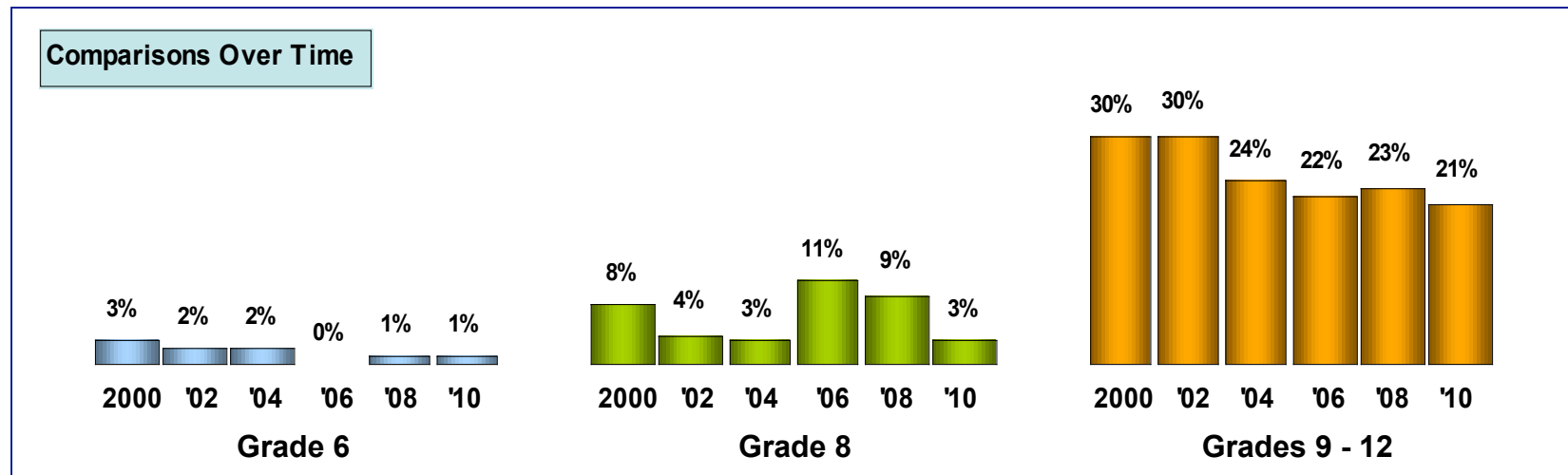
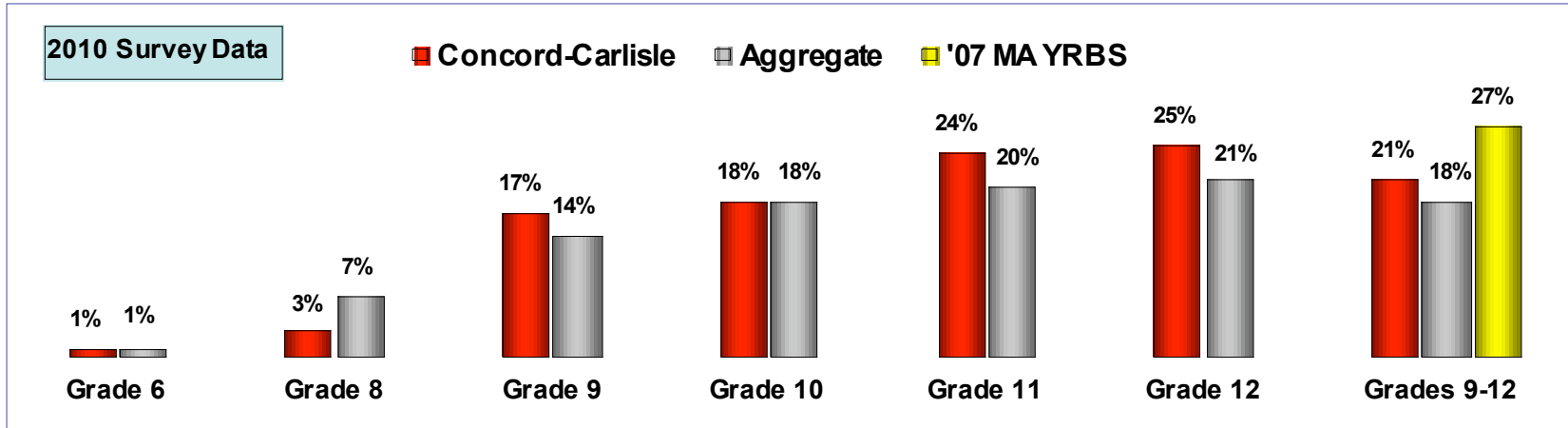
Ever used oxycontin without a doctor's prescription



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Illegal Drug Use

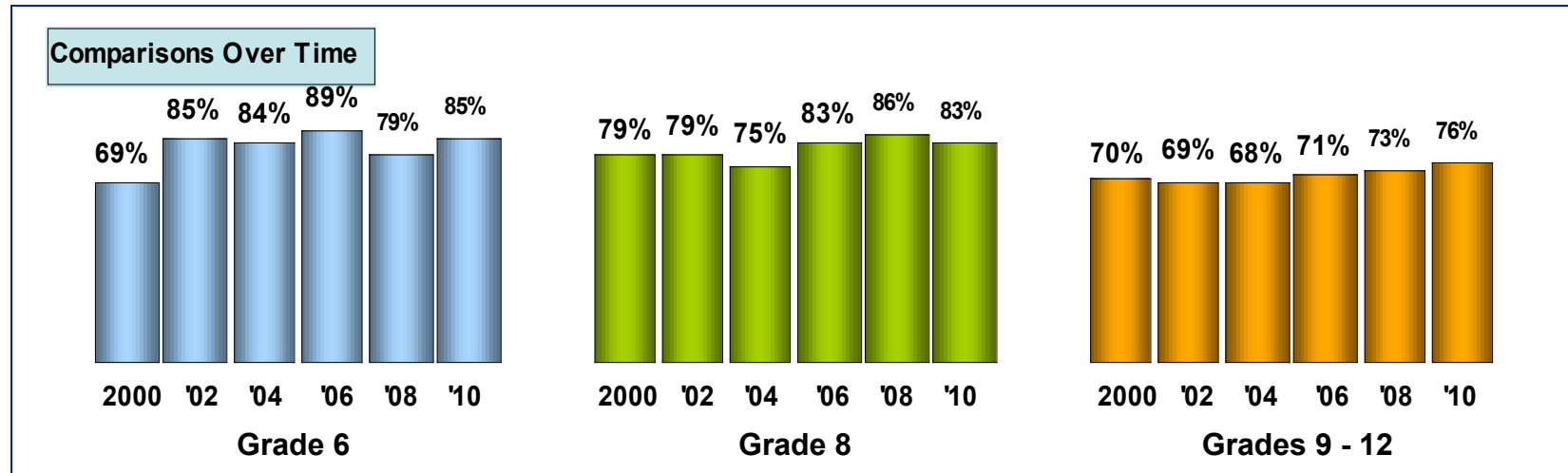
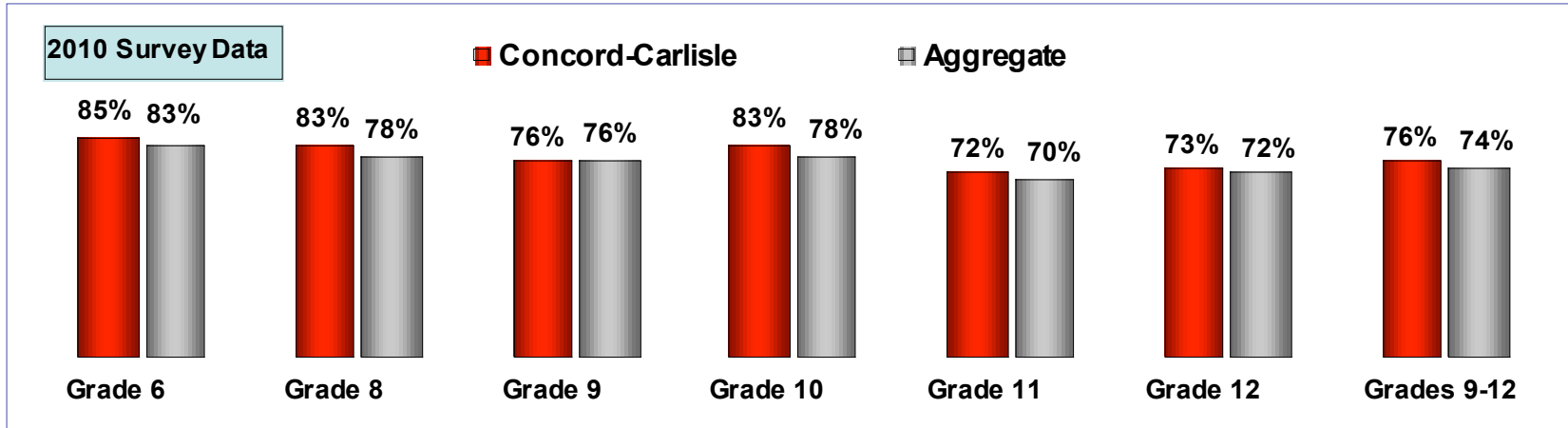
*Offered/sold/given illegal drugs on school property
(past 12 months)*



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Physical Activity

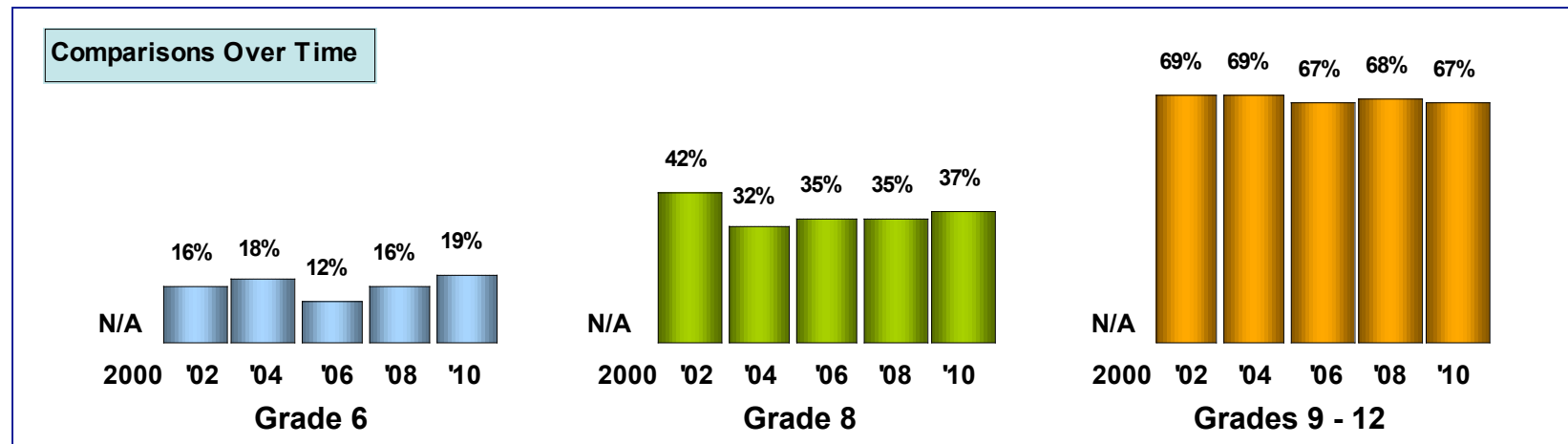
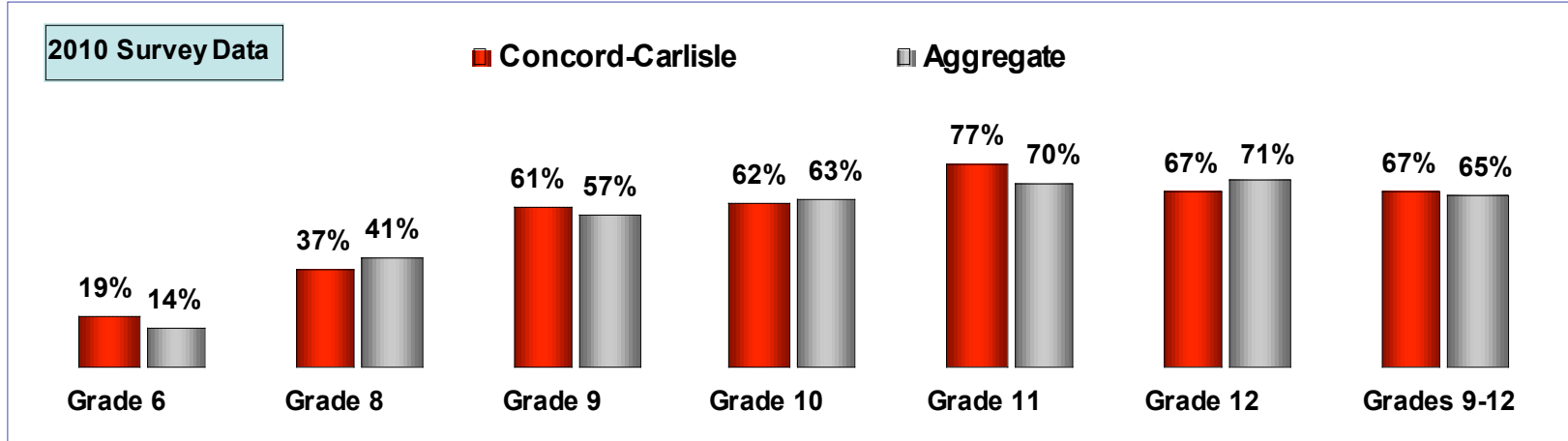
Vigorous physical activity, 3 or more days previous week



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Physical Activity

Sleep an average of 7 or fewer hours each night



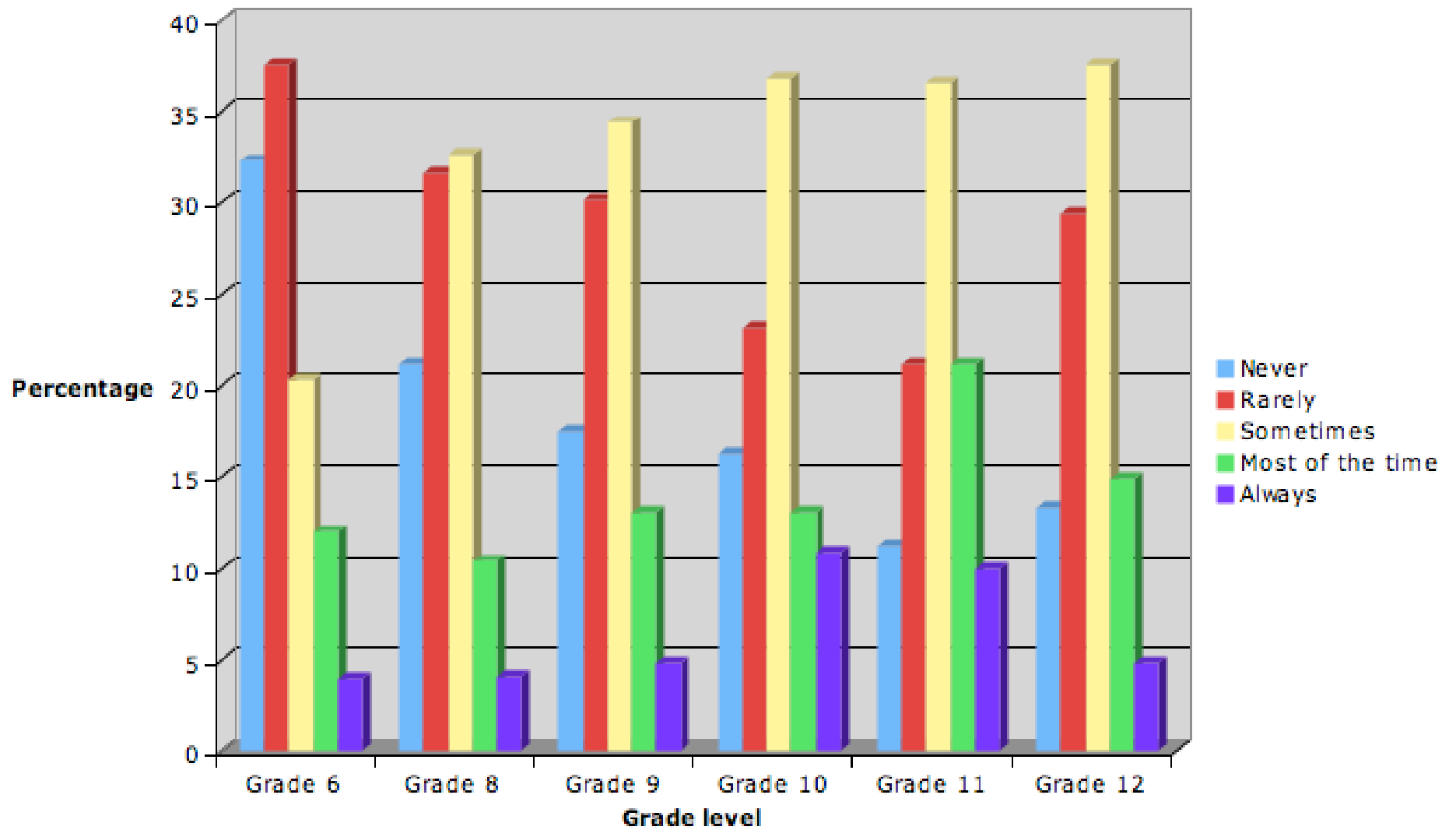
Stress

Students at all grade levels were asked three questions about stress in their lives.

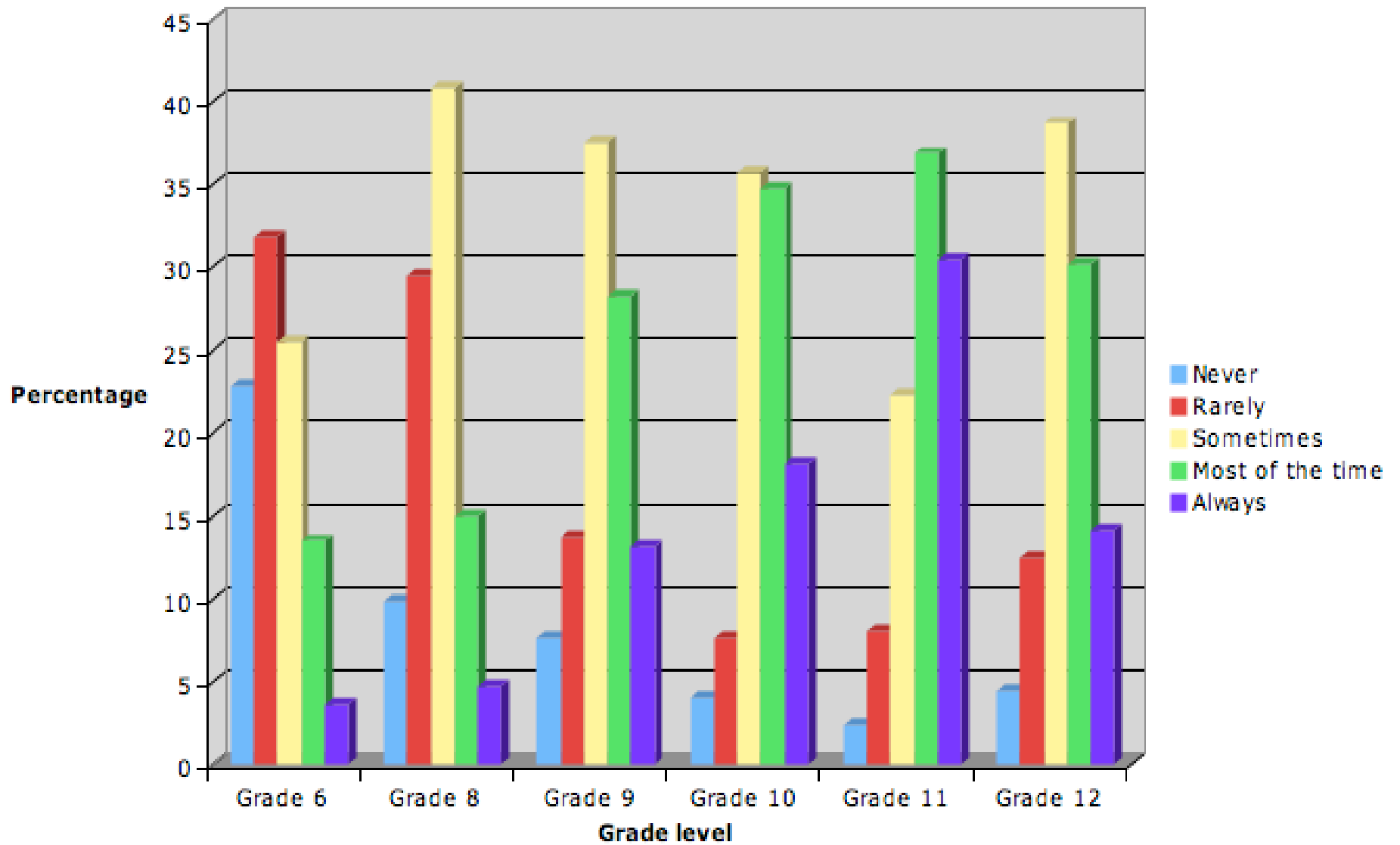
Responses to these questions were not represented in the Appendix to the Report or the Major Findings.

Student responses are represented on the following slides.

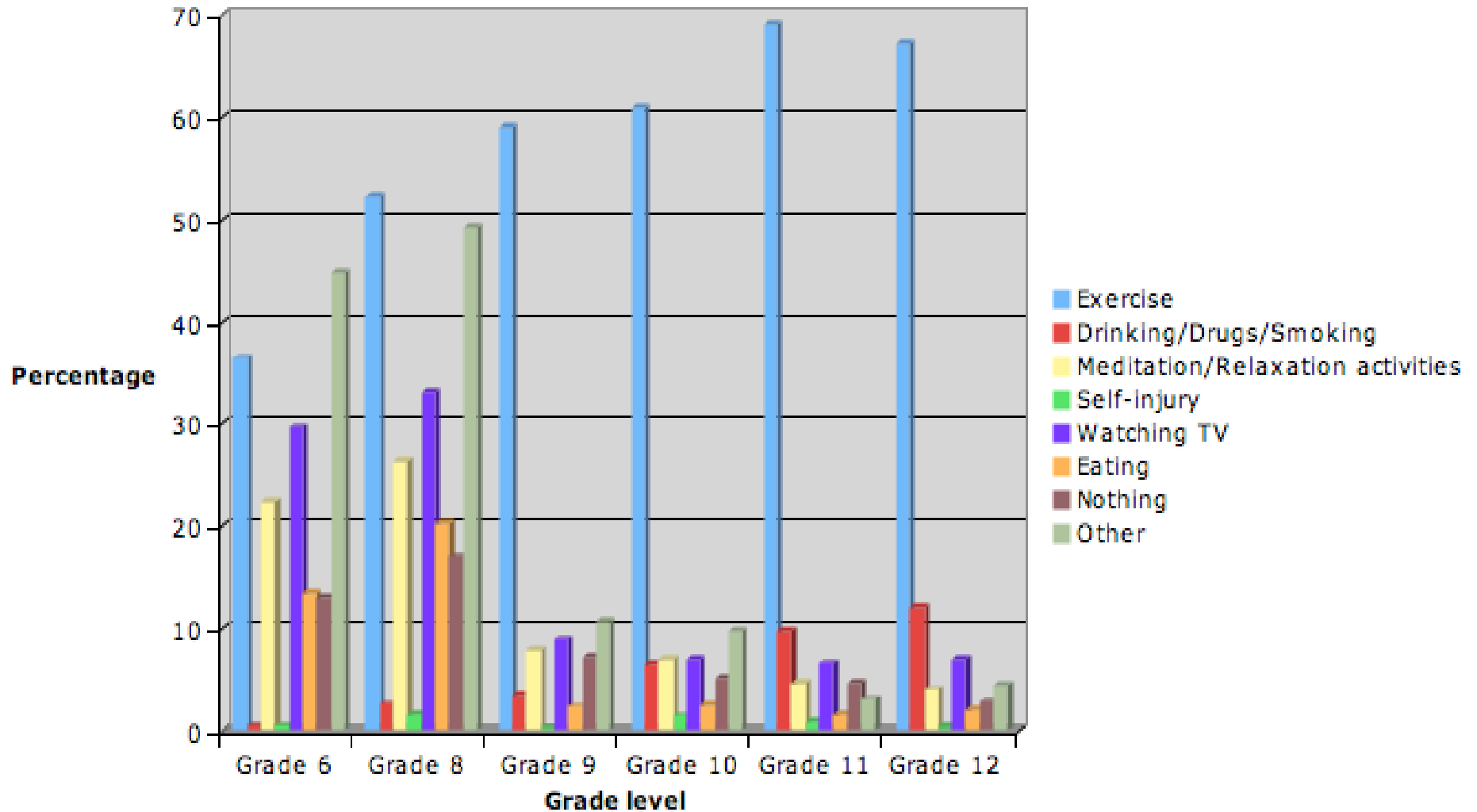
How often are you under stress because of pressure at home?



How often are you under stress because of pressure to perform at school?



**Which of the following strategies do you use most frequently to deal with stress?
(Choose all that apply)**



Responding to the Survey Data

Distribute survey data to Parent Teacher Groups, School Advisory Councils, the Concord-Carlisle Parent Initiative Committee, and Center for Parents and Teachers for parent and community discussion about adult roles and responsibilities.